

2014



Organized by Leisure & Cultural Services Department
Sponsored by Islands District Council

July

Leisure Activity

Lantau Island / Peng Chau / Discovery Bay

Programme	Programme Number	Date (Day)	Time	Venue	Date of Enrolment (Remaining Quota Enrolment)
Islands District Age Group Swimming Competition 2014	40358560	17/8 (Sun)	10:00am -6:00pm	Tung Chung Swimming Pool	13-23/6 (25/7)
Briefing on Proper Ways to Use Fitness Equipment	40357981	5/7 (Sat)	2:00-5:00 pm	Tung Chung Man Tung Road Sports Centre	23-29/5 (6/6)
	40357983	11/7 (Fri)	7:00-10:00 pm		
	40357984	12/7 (Sat)	2:00-5:00 pm	Cheung Chau Sports Centre	
	40357982	26/7 (Sat)	2:20-5:20 pm	Peng Chau Sports Centre	
	40357985	19/7 (Sat)	4:00-7:00 pm		
Mt Pts - Tai Chi	40357992	3/7-31/7 (Thu)	9:30-10:30 am	Mui Wo Sports Centre	Walk-in
	40357994	5/7-26/7 (Sat)	9:30-10:30 am		
	40357995	7/7-22/9 (Mon) (excl. 8/9)	6:30-8:00 pm	Praya Street Sports Centre Roof-top SOA	
	40357999	10/7-18/9 (Thu)	8:15-9:15 am		
	40357996	8/7-30/9 (Tue) (excl. 9/9)	8:00-9:30 pm	Tat Tung Road Garden	
	40357997	9/7-17/9 (Wed)	8:00-9:30 pm	Volleyball Court, Yat Tung Estate, Tung Chung	
	40358000	10/7-18/9 (Thu)	7:00-8:30 pm	Tung Chung Road Soccer Pitch	
	40358001	12/7-20/9 (Sat)	8:00-9:30 pm	Tai O Road Playground No.2	
	40358002	14/7-22/9 (Mon)	9:00-10:30 am	Man Tung Road Park, Basketball Court	
	40358044	18/7 (Fri)	3:00-5:00 pm	Tung Chung North Park Activity Room	
Horticultural Seminar	40358045	29/7 (Tue)	3:00-5:00 pm		
	40358542	2/7-30/7 (Wed)	10:00-11:00 am	Tung Chung Man Tung Road Sports Centre	3/6
40358543	11:00-12:00 am				
HES - Table-tennis Play-in	40358540	24/7-26/8 (Tue, Thu)	8:00-9:00 am	Tung Chung Man Tung Road Sports Centre	23-29/5 (6/6)
HES - Gymnastics For All	40358541		9:00-10:00 am		

Training Course

Programme	Programme Number	Date (Day)	Time	Venue	Date of Enrolment (Remaining Quota Enrolment)
Life Saving Training Course (BM)	40357675	9/7-13/8 (Mon, Wed, Fri)	10:00-12:00 am	Tung Chung Swimming Pool Main Pool	23-29/5 (6/6)
Hydro Fitness	40357987	8/7-21/8 (Tue, Thu)	7:30-8:30 pm		
	40357988		8:30-9:30 pm		
Oriental Dance	40357970	8/7-16/9 (Tue) (excl. 9/9)	2:30-4:30 pm	Mui Wo Sports Centre	9/6
	40357806	15/7-23/9 (Tue) (excl. 9/9)	3:20-5:20 pm	Peng Chau Sports Centre	11/6
Jazz	40368031	3/7-4/9 (Thu)	2:00-4:00 pm	Discovery Bay Community Hall	3/6
	40357808	27/7-5/10 (Sun) (excl. 3/8)	10:00am-12:00pm	Tung Chung Man Tung Road Sports Centre	23-29/5 (6/6)
Children Dance	40357801	6/7-14/9 (Sun) (excl. 3/8)	9:30-11:30 am	Peng Chau Sports Centre	6/6
Social Dance	40355838	15/7-23/9 (Tue) (excl. 9/9)	7:45-9:45 pm		
	40357972	13/7-21/9 (Sun) (excl. 27/7)	4:00-6:00 pm	Discovery Bay Community Hall	
	40357971	2/7-3/9 (Wed)	8:00-10:00 pm	Tung Chung Man Tung Road Sports Centre	23-29/5 (6/6)
	40357973	12/7-13/9 (Sat)	9:00-11:00 am		
Western Folk Dance	40357977	27/7-5/10 (Sun) (excl. 3/8)	4:00-6:00 pm	Discovery Bay Community Hall	9/6
	40357976	13/7-21/9 (Sun) (excl. 27/7)	2:00-4:00 pm		
Wushu for Children & Junior	40358006	17/7-21/8 (Mon, Thu) (excl. 28/7, 11/8)	12:00-2:00 pm	Mui Wo Sports Centre	23-29/5 (6/6)
Wushu for Junior	40358008	18/7-15/8 (Wed, Fri)	5:00-7:00 pm	Tung Chung Man Tung Road Sports Centre	
Wushu for Children	40358004		3:00-5:00 pm		
Table-tennis	40358037	11/7-12/9 (Fri)	8:00-10:00 pm	Peng Chau Sports Centre	12/6
Badminton for Junior & Children	40358014	23/7-22/8 (Wed, Fri)	11:00-1:00 pm	Mui Wo Sports Centre	
	40358015		1:45-3:45 pm	Peng Chau Sports Centre	
Badminton for Children	40358011	17/7-19/8 (Tue, Thu)	2:00-4:00 pm	Tung Chung Man Tung Road Sports Centre	
Badminton for Youth	40358016		4:00-6:00 pm		
Badminton	40358017	11/7-13/8 (Wed, Fri)	9:00-11:00 am	Peng Chau Sports Centre	
	40358020	24/7-25/8 (Mon, Thu)	7:00-9:00 pm		
	40366289	12/7-13/9 (Sat)	7:00-9:00 pm		
	40358018	15/7-23/9 (Tue) (excl. 9/9)	7:10-9:10pm		
	40358019	19/7-20/9 (Sat)	1:00-3:00 pm		Discovery Bay Community Hall
Mini-tennis	40358026	16/7-25/8 (Mon, Wed) (excl. 28/7, 11/8)	1:00-3:00 pm	Tung Chung Man Tung Road Sports Centre	
	40358027		3:00-5:00 pm		
	40358031		1:00-3:00 pm		Mui Wo Sports Centre
Basketball for Youth	40355922	22/7-21/8 (Tue, Thu)	9:30-11:30 am	Peng Chau Sports Centre	23-29/5 (6/6)
Volleyball	40358523	19/7-21/8 (Thu, Sat)	6:00-8:00 pm	Tung Chung Man Tung Road Sports Centre	
Table-tennis	40358037	11/7-12/9 (Fri)	8:00-10:00 pm		
Table-tennis for Children	40358033	18/7-19/8 (Tue, Fri)	9:00-11:00 am	Peng Chau Sports Centre	
	40358034	22/7-21/8 (Tue, Thu)	11:30-1:30 pm		
	40358035		2:00-4:00 pm		
Tennis	40358042	12/7-13/9 (Sat)	9:00-11:00 am	Tennis Court, Fu Tung Estate, Tung Chung	
5-a-side Soccer for Youth	40358047	21/7-21/8 (Mon, Thu)	3:15-5:15 pm	Peng Chau Sports Centre	
	40358048	28/7-6/10 (Mon) (excl. 8/9)	7:45-9:45 pm		
Squash	40358032	19/7-6/9 (Sat)	7:10-9:10 pm		
Soccer	40358520	23/7-18/8 (Mon, Wed, Fri)	9:30-11:00 am	Man Tung Road Park, 7-a-side Artificial Turf Soccer Pitch	13/6
Go (Level I)	40358025	16/7-20/8 (Wed)	2:00-4:00 pm	Mui Wo Sports Centre	12/6
	40358024		10:00-12:00 pm		
Tai Chi	40358022	13/7-24/8 (Sun) (excl. 3/8)	10:00-12:00 pm	Tung Chung Man Tung Road Sports Centre	23-29/5 (6/6)
	40357989	7/7-27/10 (Mon, Wed, Fri) (excl. 1/10)	7:15-8:15 am	Yung Shue Wan Basketball Court	5/6
	40357991	15/7-6/11 (Tue, Thu, Sat) (excl. 9/9, 2/10)	8:00-9:00 am	Volleyball Court, Yat Tung Estate, Tung Chung	4/6
Tai Chi Sword	40357990	16/7-7/11 (Mon, Wed, Fri) (excl. 8/9, 1/10)	7:45-8:45 pm	Peng Chau Waterfront Playground	
	40358003		8:45-9:45 pm		
Fitness Exercise for Elderly	40358530	7/7-3/9 (Mon, Wed) (excl. 14, 28/7, 11, 25/8)	8:30-9:30 am	Mui Wo Sports Centre	
	40358531		9:30-10:30 am		
	40356410		8:30-9:30 am		
Gymnastics for All for Elderly	40356411	10/7-23/8 (Thu, Sat)	9:30-10:30 am	Peng Chau Sports Centre	23-29/5 (6/6)
	40358538	4/7-5/9 (Fri)	9:00-11:00 am		

Enquiries : Islands District Leisure Services Office(2852 3220) Cheung Chau Sports Centre(2981 6285) Praya Street Sports Centre(2931 5409)
Mui Wo Sports Centre(2984 2334) Peng Chau Sports Centre(2983 1271) Tung Chung Man Tung Road Sports Centre(2109 2421)