



Programme	Programme Number	Date (Day)	Time	Venue	Date of Enrolment (Remaining Quota Enrolment)		
Islands District Age Group Swimming Competition 2015	40398605	16/8 (Sun)	10:00am-6:00pm	Tung Chung Swimming Pool	12-22/6 (24/7)		
Islands District Age Group Tennis Competition 2015	40398868	22-23/8 (Sat, Sun)	9:00-11:00am	Cheung Chau Park Tennis Court	4-15/6 (17/7)		
5-a-side Soccer Fun Day	40398615	6/7 (Mon)	3:15-4:45pm	Peng Chau Sports Centre	Walk-in		
Mt Pts for Elderly - Gateball	40398334	14/7-11/8 (Tue)	9:00-11:00am	Cheung Chau Sports Centre			
Mt Pts - Tai Chi	40398228	2/7-30/7 (Thu)	9:30-10:30am	Mui Wo Sports Centre			
	40398229	4/7-25/7 (Sat) (excl. 11/7)					
	40398275	14/7-22/9 (Tue)	8:00-9:30pm	Tat Tung Road Garden			
	40398276	16/7-24/9 (Thu)	7:00-8:30pm	Tung Chung Road Soccer Pitch			
	40398277	27/7-21/9 (Mon)	9:00-10:30am	Man Tung Road Park Basketball Court			
	40398282	18/7-26/9 (Sat)	8:00-9:30pm	Tai O Road Playground No.2			
	40398283	15/7-23/9 (Wed)		Volleyball Court, Yat Tung Estate, Tung Chung			
	40398287	13/7-21/9 (Mon)	6:30-8:00pm	Praya Street Sports Centre Roof-top SOA			
40398288	16/7-24/9 (Thu)	8:15-9:15am					
HES - Table-tennis Play-in	40398311	8/7-29/7 (Wed)	10:00-11:00am	Tung Chung Man Tung Road Sports Centre	12/6		
	40398312		11:00am-12:00nn				
HES - General Gymnastics Play-in	40398309	28/7-27/8 (Tue, Thu)	8:00-9:00am		Tung Chung Man Tung Road Sports Centre	22-28/5 (5/6)	
	40398310		9:00-10:00am				
Briefing on Proper Ways to Use Fitness Equipment	40398296	11/7 (Sat)	2:00-5:00pm			Cheung Chau Sports Centre	2/6
	40398297	24/7 (Fri)	7:00-10:00pm				
	40398326	11/7 (Sat)	2:00-5:00pm				
	40398476	4/7 (Sat)	2:20-5:20pm				
	40398477	18/7 (Sat)	7:00-10:00pm				
Aerobic Dance Play-in	40398322	14/7 (Tue)	7:45-9:45pm			Praya Street Sports Centre	16/6
Horticultural Seminar	40398279	17/7 (Fri)	3:00-5:00pm	Tung Chung North Park Activity Room		17/6	
	40398280	28/7 (Tue)					

Training Course

Programme	Programme Number	Date (Day)	Time	Venue	Date of Enrolment (Remaining Quota Enrolment)	
Life Saving (BM)	40391204	8/7-12/8 (Mon, Wed, Fri)	10:00am-12:00nn	Tung Chung Swimming Pool (Main Pool)	21-27/5 (4/6)	
Hydro Fitness	40391202	16/7-1/9 (Tue, Thu)	7:30-8:30pm	Tung Chung Swimming Pool (Training Pool)		
	40391203		8:30-9:30pm			
	40391141	8/7-21/8 (Wed, Fri)	4:00-5:00pm			
	40391142		5:00-6:00pm			
Tennis	40398278	18/7-19/9 (Sat)	9:00-11:00am	Tennis Court, Fu Tung Estate, Tung Chung	22-28/5 (5/6)	
Table-tennis	40398307	10/7-11/9 (Fri)	8:00-10:00pm			
Jazz	40398220	21/7-22/9 (Tue)	3:20-5:20pm	Peng Chau Sports Centre	18/6	
Badminton	40398472	14/7-15/9 (Tue)	7:00-9:00pm			
	40398273	18/7-19/9 (Sat)	1:00-3:00pm	Discovery Bay Community Hall	11/6	
Western Folk Dance	40398272	5/7-6/9 (Sun)	2:00-4:00pm		5/6	
Social Dance	40398271		4:00-6:00pm	2/6		
Wushu for Children	40398298	15/7-12/8 (Wed, Fri)	3:00-5:00pm	Tung Chung Man Tung Road Sports Centre	22-28/5 (5/6)	
Wushu for Junior	40398299		5:00-7:00pm			
Social Dance	40398294		15/7-16/9 (Wed)			8:00-10:00pm
	40398295	18/7-19/9 (Sat)	9:00-11:00am	Peng Chau Sports Centre	2/6	
	40398518	21/7-22/9 (Tue)	7:45-9:45pm			
Fitness (Multi-gym)	40398503	6/7-13/8 (Mon, Thu)	9:00-10:00pm	Mui Wo Sports Centre	3/6	
	40398505	20/7-7/9 (Mon, Wed) (excl. 27/7, 10, 24/8)	10:30-11:30am			
Chinese Dance	40398230	21/7-22/9 (Tue)	2:30-4:30pm	Tung Chung Man Tung Road Sports Centre	22-28/5 (5/6)	
Badminton for Children	40398300	14/7-13/8 (Tue, Thu)	2:00-4:00pm			
Badminton for Youth	40398301		4:00-6:00pm			
Volleyball	40398308	16/7-15/8 (Thu, Sat)	6:00-8:00pm			
Mini-tennis	40398304	13/7-12/8 (Mon, Wed)	1:00-3:00pm			
	40398305		3:00-5:00pm			
	40398306		9:00-11:00am			
Table-tennis for Children	40398306	14/7-14/8 (Tue, Fri)	9:00-11:00am			Peng Chau Sports Centre
	40398232	21/7-20/8 (Tue, Thu)	9:30-11:30am			Mui Wo Sports Centre
	40398233		1:00-3:00pm			
Badminton for Junior & Children	40398474	17/7-28/8 (Wed, Fri) (excl. 12, 14, 26/8)	11:00am-1:00pm	Peng Chau Sports Centre		
	40398473		1:45-3:45pm			
Level I Go	40398302	12/7-23/8 (Sun) (excl. 2/8)	10:00am-12:00nn	Tung Chung Man Tung Road Sports Centre	22-28/5 (5/6)	
	40398303	15/7-19/8 (Wed)				
Fitness Exercise for Elderly	40398293	8/7-21/8 (Wed, Fri)	9:00-10:00am	Tung Chung Man Tung Road Sports Centre		
	40402845		8:00-9:00am			
General Gymnastics for Elderly	40398511	3/7-4/9 (Fri)	9:00-11:00am	Peng Chau Sports Centre		
5-a-side Soccer for Youth	40398471	20/7-20/8 (Mon, Thu)	3:15-5:15pm			
Basketball for Youth	40398475	21/7-20/8 (Tue, Thu)	12:00nn-2:00pm			
Children Dance	40398513	5/7-13/9 (Sun) (excl. 2/8)	9:30-11:30am			
Mini-tennis	40398225	18/7-29/8 (Mon, Sat) (excl. 27/7, 10, 24/8)				
Level I Go	40398223		15/7-19/8 (Wed)	1:00-3:00pm	Mui Wo Sports Centre	
	40398222	4:00-6:00pm		Peng Chau Sports Centre		
Tai Chi	40398286	24/7-16/11(Mon, Wed, Fri) (excl. 28/9, 21/10)	7:45-8:45am	Yung Shue Wan Plaza	24/6	
Soccer	40398281	24/7-14/8 (Mon, Wed, Fri)	9:30-11:30am	Man Tung Road Park, 7-a-side Artificial Turf Soccer Pitch	18/6	